

Summer 2007

Dear Parents and Guardians:

Thank you for making a commitment to the future of your child! The Upward Bound Summer Program is the first step to your child's college-going experience. This summer will be filled with many rewarding and fulfilling experiences in your student's life.

The Upward Bound staff will take extra care to make this experience valuable and exciting for your student. We assure you that **everything** will be done to keep your student safe, happy, and involved in their future.

We hope that you will encourage your student to strive to make this experience his or her own. This program could not function without the support of parents and guardians of all of our students. Our commitment to your student will be 100% and we hope that you will in turn commit to the Upward Bound Program experience.

The entire staff looks forward to meeting you and establishing a relationship with you and your student to last for years to come. Should you have any questions at any time, give us a call, or e-mail us!

Brad Spielman
Director

Staff Contact Information

| Name | Title | Office Phone | * Home Phone | * Cell Phone |
|----------------|-------------------------------|--------------|--------------|--------------|
| Brad Spielman | Academic Services Coordinator | 785-826-2987 | | 815-262-3126 |
| Sheila Shaffer | Student Services Coordinator | 785-826-2988 | 785-825-1785 | 785-342-6715 |
| April Hockman | Administrative Assistant | 785-826-2981 | 785-827-9606 | 785-342-9685 |

The above are phone listings for all Upward Bound Staff members. Your student will have a private phone and phone number in their room to contact them during the summer program. Should you need to contact the staff at anytime during the summer program please give us a call. Our office phones are equipped with voice-mail and will be checked regularly.

- **In the event of an emergency after office hours** (8 a.m. – 5 p.m.), please call staff at home and only if no answer call their cell phone.
- For non-emergencies and after hours please leave a message on our office voice mail and we will respond within 24 hours.
- You may also contact us during working hours at 1-800 248-5782 (toll free). You will need to ask to be transferred to the Upward Bound extension.
- Mailing Address Upward Bound Program
 2310 Centennial Rd.
 103 Tullis Building
 Salina, KS 67401
- Staff email addresses Brad Spielman bspielmn@k-state.edu
 Sheila Shaffer smiley@ksu.edu
 April Hockman aprilh@k-state.edu
- Website <http://www.salina.k-state.edu/upwardbound>

A PARENT'S GUIDE TO UPWARD BOUND

This guide for parents about K-State at Salina Upward Bound Program is designed to provide you with more information about your child's participation in Upward Bound. The following are some frequently asked questions about the program.

What is Upward Bound?

Upward Bound is a federally funded academic program for high school students. The goal of the program is to help selected students complete high school and continue their education after graduation.

How are students selected to participate in Upward Bound?

Participating in Upward Bound is a unique honor. Students can qualify in several ways. They may fall into economic guidelines established by the United States Department of Education, or they may be a "first generation" student. A "first generation" student is one whose parents **have not completed a four-year degree** from a college or university. All of our students must qualify in one or both of these categories, must have the potential to do college level work upon completion of high school, and must have an interest in pursuing education beyond high school.

How many students are in Upward Bound at K-State at Salina?

There are fifty students in our program. They are from seven different high schools in the area surrounding K-State at Salina. The high schools served are: Canton-Galva, Clay Center, Ell-Saline, Hanover, Linn, Lincoln and Newton High Schools.

What will my child be doing while in Upward Bound?

During the school year, UB counselors visit students in their schools once a month for individual or group academic advising and/or counseling sessions. Tutoring is also available in most schools during the academic year. The students may also come to the K-State at Salina campus during a Saturday for an academic session (Saturday Academy). These sessions focus on academic planning, scholarships, financial aid, and many others. Saturday academies and advising sessions are **mandatory** for a student to remain in good standing with UB.

The UB summer component is a six-week residential program on the campus of K-State at Salina. Students live in residence halls and take classes to improve their skills in math, science, English, and foreign languages. They also enroll in afternoon elective classes. Educational, cultural, and social events round out the total summer experience.

How long can my child be in Upward Bound?

From the time a student is selected, usually during their freshman or sophomore year in high school, he or she may be in the program until the summer following high school graduation.

The summer following high school graduation students who qualify are enrolled in two college classes. Students earn six hours of college credit during the summer “Bridge Component” of UB.



If my son or daughter is in Upward Bound, will he/she be expected to go to college at K-State?

No. While a lot of students in UB do decide to attend Kansas State University, we do not recruit for the University. We encourage students to go to any college or university in which they are interested. We will tour a variety of colleges in and out of state each year.

How much does it cost to be in Upward Bound?

There is **no cost** to the student or family. The program pays all costs involved for participation. As a matter of fact, students actually earn money, called stipends, while in UB.

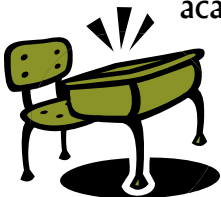
What are stipends?

During the school year UB students earn approximately \$10 per month for fully participating in UB activities (school visits, Saturday academies, enrichment sessions). Stipends are distributed monthly at advising sessions during the school year. During the summer program the UB students earn a \$10 stipend per week.



What are the academic requirements for Upward Bound?

UB students are selected for participation based on a variety of factors: interest, recommendations from teachers and counselors, and grades. We do focus on academics, and we expect our students will strive to do their best in all of their high school classes.



What is Academic Probation?

UB students are encouraged to strive for academic excellence. While we do understand that there may be some classes that are challenging and may cause academic difficulties, we still expect students to try their best. For that reason, we expect that all students will maintain at least at 2.0 GPA. If their GPA is below 2.0 for two consecutive nine-week grading periods, the student will be placed on academic probation. During this time, the UB Academic Services Coordinator and the student will determine a probationary contract that will specify actions to be taken. This may include additional in school tutoring, UB tutoring, and intense academic advising. If the student fails to meet the terms of the probationary contract, he/she will be dismissed from the program.

Is there an attendance policy?

Yes! During the school year, UB will excuse students from advising sessions for most school-related activities and all family emergencies. The student will also forfeit all stipend money for any unexcused absence. In order to receive an excused absence students must bring a written excuse from a school official who sponsored the activity (coach, counselor, club advisor) on school stationery or from a parent/guardian for a family emergency or illness. A make up activity will be provided and mailed to the student, if completed and returned on time, the student will receive a stipend.

We believe that the summer program is such a critical part of a student's involvement with UB! **We require that all students attend the summer program in order to remain active in UB.** Students will be excused from summer attendance in very rare occasions. We will excuse students for up to five class days during the summer program for activities such as: (sports camp, church camp, family vacations). We do realize that summer attendance is a huge commitment on the part of the student and the family. **Students who cannot make the commitment to attend the summer program should not join UB.**

What will my child be doing during the summer program?

During the day, students attend classes. All students take math, science, English, and foreign language. Students may also take elective classes that may include: aviation, career planning, personal development, drama, creative writing, pottery, art, karate, photography, and many more.

In the evenings, the students experience a variety of activities: free time, mentor meetings, student activity center night, "teen" issue night, movie night, game show night, and recreation night.

Who teaches the Upward Bound classes during the summer?

We hire our own instructors to teach the classes. These instructors are usually from post-secondary institutions (faculty, staff, or graduate students) or public schools in the surrounding counties. During the summer the UB staff swells to approximately fifteen people in a variety of jobs. All instructors are certified teachers.

What if my child needs medical attention during the summer program?

For minor problems such as blisters, colds and sore throats, we send students to StatCare of Salina. We will always contact parents about any more involved medical problems. All expenses for illness are the student's and family's responsibility.*



*If a student should have an accidental injury while in our care (for example a sprained ankle or broken finger), we have an insurance policy which would cover the cost of treatment should the family not have medical insurance.

In the summer, where do students live and where do they eat?

All of the UB students live in college residence halls, boys on one wing and girls in another. Two students of the same sex are assigned to every room. Students may indicate their roommate preference and we will do our best to meet these requests but roommates will not be switched after they are assigned. Students who enter UB after this date will be assigned a roommate.

Typically, Upward Bound students are the only students living in these residence halls. Sometimes other small groups (softball camp, debate camp) may be housed in our residence halls, but never on the same floor. We hire four to five college students, called mentors, to live in the residence halls with our students and look after them. These mentors help enforce the rules and keep an eye on the students. In addition, there are at least three full-time staff members who provide additional supervision of students.

All meals are served in the College Center cafeteria. For breakfast, lunch, and dinner the students choose from a selection of hot and cold foods from all the basic food groups.

What kind of rules do students have to abide by during the summer?

We are fairly strict with our students while they are in our care. Keeping in mind that we are responsible for fifty students, twenty four hours a day, for six weeks, we must have order for maximum safety for students and staff. Some of the important rules follow:

- Profanity and vulgar language is never acceptable.
- Alcoholic beverages and illegal drugs are not permitted on campus at any time. Anyone who is caught under the influence or in possession of these will be sent home immediately.
- Smoking is not permitted.
- Students are not allowed in cars other than those of staff members unless the Director has received permission from parents/guardians.
- Possession of weapons or firearms is not permitted.
- Students may not make a public display of their affections for someone else.
- Students must be in their room at curfew time and follow “lights out” when scheduled.
- Students are not allowed in the rooms of someone of the opposite sex at any time.

What is the punishment for breaking UB rules?

The violation of UB rules will result in the loss of stipend, program privileges, probationary status with the program and/or dismissal from the program.

However, there are some rules that if broken will result in immediate dismissal of the student from the program, i.e. possession/use of alcohol or drugs, fighting, physical/verbal abuse of another student or staff, intentional destruction of personal or public property, and being in the room of the opposite sex. Please discuss these rules with your student prior to the summer program.

What should students bring with them for the summer?

Students should pack comfortable, casual clothes, and be sure to include comfortable walking shoes. The only “dress up” events we have are the End of Summer Open House during the final week of the summer program. Some type of rain gear (umbrella, poncho, or raincoat) is a must; it will rain some time during the six-week summer program.

Students will need to provide their own SHEETS and BLANKETS (for a twin bed size), PILLOWS, TOWELS, and WASHCLOTHS. Toiletries will not be provided; please make arrangements for individual personal hygiene.

Other items students often like to bring from home include a telephone, radio, alarm clock, CD player, posters, stamps, stationery, addresses of friends and relatives, and any sports equipment they may wish to use.

The residence halls are air-conditioned, and each room has a telephone hook-up with a personal telephone number and TV outlet.

How often do the students go home during the summer program?

UB students return home every Friday and return to the K-State at Salina campus every Sunday. UB provides transportation for the trips back home and trips to the campus. A transportation form will be filled out during summer orientation.

May I visit my son or daughter during the summer program?

Parents/Guardians may certainly visit with their son or daughter while they are in UB. However, we have a very active schedule and will provide parents/guardians with a copy of that schedule before the summer program begins. We believe that it is very important for the students to be involved in ALL the activities UB sponsors in order to get the most benefit from the program. Students should never have visitors other than parents/guardians during the summer program (Friends, boyfriends/girlfriends, cousins, peers, etc are not allowed to visit the program).

May I send my son or daughter mail during the summer program?

Students can send and receive mail during the summer. There address will be:

Son or Daughters Name
C/o K-State at Salina Upward Bound Program
2310 Centennial Rd.
Salina, KS 67401

How does the summer program end?

At the end of the fifth week, we hold an Open House event for the students and staff. Parents/Guardians and other family/friends are invited to attend. Students are recognized for outstanding class work and personal development. At the beginning of the sixth week junior UB students take a major field trip and college tour. The trip lasts from three to five days and is usually to a large city where the students can experience new educational, social, and cultural activities.

The trip is free of cost to all junior students and staff members.