

# BASIC LAB COURSE WORKBOOK

# **CIT** Program



### BASIC LAB COURSE CIT PROGRAM

Written Test: Open book – 20 multiple choice questions

Grading: Must score at least 70% on the written exam.

**Exam Results:** Exams results will be emailed to the student within 2 weeks of class. Exam results are not given over the phone.

**Exam Re-takes:** Students who need to re-take the written exam need to register to do so. The re-take registration form can be found on the CIT website at www.citksu.com.

**To be certified:** Students must successfully pass the written exam. The student will be emailed a certification card and letter.

### **Reasons for Certified Inspector Training (CIT) Training Program**

### **Overview**

The Kansas Department of Transportation (KDOT) has established this training program to educate, test and certify those individuals responsible for performing inspection and testing functions on KDOT construction projects. KDOT's Bureau of Construction and Materials has responsibility for the establishment and administration of the materials portion of the KDOT's Quality Control/Quality Assurance (QC/QA) Program. The Bureau develops standards and specifications for materials, establishes sampling procedures and frequencies, and test procedures used in the laboratory and the field in order to assure compliance with specifications. It performs materials testing to assist each of the six KDOT districts in administering quality assurance functions of the QC/QA Program. Such testing includes tests on materials purchased by contractors or the State for use in maintenance or construction activities. The Bureau also conducts tests on soils, concrete, bituminous mixtures and numerous other specialized materials, the results of which are used by others for a variety of reasons.

Quality control and quality assurance activities involve the routine sampling, testing and analysis of various materials to determine the quality of a given product and to attain a quality product. The goal of the Certified Inspection and Testing Training Program (CIT<sup>2</sup>) is to provide persons engaged in the inspection and/or testing of KDOT construction projects specific training in, but not limited to, soils, aggregates, and concrete and/or asphalt disciplines.

Each student is required to demonstrate specific abilities as defined by the training modules described in the CIT<sup>2</sup> manual. The manual can be found online at: https://www.ksdot.org/Assets/wwwksdotorg/bureaus/burMatrRes/Documents/CIT\_Manual\_2019.pdf

### Federal Funding

On projects involving federal funds, KDOT must certify to the Federal Highway Administration as to the quality of each type of material used on each project before the State is completely reimbursed by the federal government.

The certification and training requirements contained in this manual are intended to comply with the requirements of 23 CFR Part 637 which states, "After June 29, 2000, all sampling and testing data to be used in the acceptance decision or the IA (Independent Assurance) program shall be executed by qualified sampling and testing personnel."

### Reasons for Quality Control/Quality Assurance

Inspectors fulfill a very important job on any project—they safeguard the public interest in a number of ways.

The primary reason for materials inspection, sampling and testing requirements is to verify that all materials incorporated into the work will meet the requirements of the contract documents, including the plans, specifications, and special provisions.

Plans and specifications are prepared to require the use of certain specific materials known or expected to perform satisfactorily with minimum maintenance throughout the life of the facility or infrastructure project. Any material that deviates appreciably from the specifications requirements will not perform as expected and, in all probability, will shorten the useful life of the facility or add unexpected costs in maintenance. Because there are limited dollars available for transportation infrastructure, the useful life and long-term maintenance costs of every project are critical considerations.

Secondly, all contractors bidding or furnishing materials to a project should be treated equally. That is, the contract documents provide a fair and uniform basis for bidding because they define the requirements to be met--ideally with the least possible difference of interpretation. The contractor commits to furnish materials and complete work that will equal or exceed such requirements. For this reason it is essential that quality assurance be correctly understood and applied uniformly by engineers and inspectors from project-to-project so that all contractors and suppliers are treated alike.

Thirdly, the expenditure of public funds must be documented to substantiate whether taxpayers actually received the quantity and quality of materials specified in exchange for tax dollars spent. Whether or not to pay the costs invoiced by contractors is a decision which relies heavily upon inspection reports and test results. In a fundamental way, inspectors play a key role in serving the public--to justify the expenditure of public monies and the acceptance of any contractor's work. Through the work of knowledgeable, competent and skilled inspectors, KDOT can verify and confirm whether or not the contractor has fulfilled its obligations to build the project as intended.

Finally, the specification requirements for materials are constantly evolving, based on new developments, past performance of material in the field, research and technological innovations. Accurate recordkeeping of materials and test results using consistent inspection practices provides a basis to compare results over time—an indispensable advantage for meaningful research. Data properly collected and recorded by inspectors can confirm whether or not changes in material specifications and testing requirements have, in fact, resulted in a better product, state-wide or in a particular location or application.

All inspectors should review the applicable clauses of the Standard Specifications at regular intervals to refresh their understanding of material and testing requirements.



Click on the section name below to be taken to the correct page.

- 1. Soils Labs Soils Agenda
- 2. Research Asphalt Lab Role of RAT
- 3. Materials Test Unit
- 4. Receiving video only
- 5. AASHTOware Project video only
- 6. Quality Assurance CFR 23 Part 637 Part V
- 7. Research Geology
- 8. Research Concrete



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• Routine tests can be performed using disturbed sample









• Strength testing are typically performed from an undisturbed sample collected by a Shelby Tube.























Atterberg Limits

- Liquid Limit
- Plastic Limit
- Plasticity Index





## **Atterberg Limits**

• Liquid Limit: this test determines the water content at which the soil passes from a plastic to a liquid state.





# **Atterberg Limits**

• Plastic Limit: this is the lowest water content of the soil at which the soil remains plastic











# Hydrometer

- Analysis of particle size distribution of material passing a #200
   Sieve
- Silts
- Clays







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		TABLE 1 Soil C	lassification Chart			
				Soil	Classification	
Criteria for A	Criteria for Assigning Group Symbols and Group Names Using Laboratory Tests <sup>4</sup>		coratory Tests <sup>4</sup>	Group Symbol	Group Name <sup>®</sup>	
COARSE-GRAINED SOILS	Gravels	Clean Gravels	$Cu \ge 4.0$ and $1 \le Co \le 3.0P$	GW	Well-graded gravel <sup>E</sup>	
	(More than 50 % of coarse fraction retained on No. 4 sieve)	(Less than 5 % fines") Gravels with Fines	T = CC = 3.0" Cu < 4.0 and/or	GP	Poorly graded gravel <sup>E</sup>	·
			Fines classify as ML or	GM	Silty gravel <sup>E,F,G</sup>	·
		(More than 12 % fines")	Fines classify as CL or	GC	Clayey gravel <sup>E,F,G</sup>	·
More than 50 % retained on No. 200 sieve	Sands	Clean Sands	CH Cu ≥ 6.0 and	SW	Well-graded sand	· · · · · · · · · · · · · · · · · · ·
	(50 % or more of coarse fraction passes	(Less than 5 % fines")	$\frac{1.0 \le Cc \le 3.0^{10}}{Cu < 6.0 \text{ and/or}}$	SP	Poorly graded sand	·
	No. 4 sieve)	Sands with Fines	[Cc < 1.0 or Cc > 3.0] <sup>D</sup> Fines classify as ML or	SM	Silty sand <sup>F,G,I</sup>	
		(More than 12 % fines")	MH Fines classify as CL or	SC	Clayey sand <sup>F,G,I</sup>	
FINE-GRAINED SOILS	Silts and Clays	inorganic	CH PI > 7 and plots on or	CL	Lean day <sup>K,L,M</sup>	
	Liquid limit		above "A" line <sup>3</sup> PI < 4 or plots below "A"	ML	Silt <sup>K, L,M</sup>	*
	less than 50	organic	line <sup>J</sup>	OL	Organic clav <sup>K,L,MN</sup>	
50 % or more	Other and Olave	lasstania	Liquid Imit - not dried	01	Organic silt <sup>ALMO</sup>	*
passes the No. 200 sieve	Silts and Clays	inorganic	PI plots on or above "A" line	CH	Fat clay?	
	Liquid limit		PI plots below "A" line	MH	Elastic silt <sup>R,L,M</sup>	T7/
	50 G 11016	organic	Uquid limit - oven dired Uquid limit - not dired	OH	Organic clay	Ka
					ergane en	



KDOT Classification System







### **Specific Gravity**



- The ratio of the mass of a unit volume of a material at a stated temperature to the mass of the same volume of gas-free distilled water at a stated temperature.
- Soils determines specific gravity by means of a pycnometer.







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 Perform lab testing on HMA in use now or new treatment mixes (Asphalt Rubber, Cold-In-Place-Recycling (CIR), Micro-Surfacing, Asphalt Treated Base, Reflective Crack Inner-Layer (RCI), Stone Matrix, Sulphur Mix, Open-Friction Graded Course, High % RAP mixes, Spray Paver, Warm Mix Asphalt, and Recycled Asphalt Shingle Mixes).















### **Overview of latest Testing in Research Asphalt**

· Hamburg Rut Tester or Hamburg Wheel Tester is used for testing the rutting and moisture-susceptibility of asphalt mixture pavement samples. Specimens are either compacted by a slab compactor or by Superpave Gyratory Compactor. Compacted slab specimens are to be 12.5"L X 10.25"W X 1.5 – 4" thick. For the SGC, compact two 150mm diameter X 38 – 100mm thick specimens, using a HDPE (high-density polyethene) mold, to secure the specimens for testing. The test will stop after 20,000 passes has occurred or to a maximum impression depth established by KDOT.














#### 2015 KDOT STANDARD SPECIFICATIONS SECTIONS APPLICABLE TO THE PHYSICAL TEST UNIT\* MATERIALS DIVISION cont.

DIVISION 400 – Concrete cont.
 Compressive strength of cylinders and pavers



















#### Testing Purposes and Sample Sizes

2015 Standard Specifications w/o Special Provisions

#### 400: concrete

Production: For monitoring the quality of OGCA aggregate that is being used in concrete pavement production. Sampled from quarry production and consists of 80# each of material between -3/4+1/2 sieves and -1/2 +3/8 inch sieves. RE: most current version of Part V for sampling frequency. Productions typically consist of aggregate from multiple beds. Nominal test time is 140 days (beam test) unless MF&T fails radically. Failure for any reason will result in a follow up sample or a quarry inspection by Geologists depending on degree of failure. Use of material failing production testing can also result in premature pavement failure. RE: Note above regarding test time.























































2601.2a(3) The g supplier on a cov certification(s) a	eneral information outlined in 2601.2a(2) must be provided by the material ver sheet to the manufacture's certification(s). Verify that the cover sheet & re so well cross referenced & identified as a unit that they can be reunited if accidently separated.
The	example, below, is located at the end of SP 2015, section 2601
	Date:
	Submitted by:
	Submitted by.
	kansas bepartment of Transportation Materials Certifications
	2300 Van Buren Topeka, Kansas
	Project Number
	Contract Number:
	Line Number: Item Code:
	Contractor Name:
	ID Markings on Shipment:
	Additional Information:
	This is to part if that the following items furnished by any firm for use on the reference project meet or
	exceed the requirements of section of the element project meets
	Department of Transportation Standard Specification.
	Quantity Description Heat Lot Manufacturer National States And Sta
	Department of Transport











Responsibility for preparation of certifications?		
2601.2.a.(1). The contractor is responsible for obtaining all certifications and arranging for their delivery to the proper destination prior to use of the material and allowing sufficient time for review as stated herein.		
2601.2.c. The manufacturer of the individual item is responsible for preparing certifications of Type "A", "B", "C", "D", "F" and "G" certifications.		
2601.2.c. The fabricator or assembler of individual items is responsible for preparing a Type "E" certifications.		
2601.2d. The Engineer reserves the right to sample and test any material or product that is governed by a certification. If deviations from the applicable specifications are found, the results will be reviewed by the Engineer to determine the final disposition of the material or product. Serious deviations may cause for removal from prequalification status.		
	Kansae Department of Transportat	





## **Geology Research Section**

#### **Tasks Include**

- Air System Analysis of Hardened Concrete
- Microscopy/Petrographic/Forensic Analysis
- Alkali-Aggregate Reactivity (AAR)
  - Alkali-Silica Reaction (ASR)
  - Alkali-Carbonate Reaction (ACR)
- Aggregate Studies
  - Resistance of aggregate to D-cracking
  - Resistance of aggregate to internal reactions
  - Resistance of aggregate to chlorides
- Assist in any other study













# What Do We Want To Know From The Linear Traverse Test

- Total Percent Air in the sample
  - Generally accepted range of 5% to 8% in hardened samples
  - Most KDOT designs call for 6.5% +/- 1.5 %
- Spacing Factor---how the voids are distributed in the paste
  Generally accepted range in hardened samples is 0.004 to 0.008 inch
- Specific Surface Value
  - How fine or coarse the air void system is
  - Generally accepted range 600 to 1100
  - Higher numbers mean a finer air void system (smaller air voids)

#### Amount of the type of air

Entrained Air vs. Entrapped Air

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Kansas













#### Microscopy/Petrographic/Forensic Analysis Using the Keyence Microscope



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# Microscopy/Petrographic/Forensic Analysis

- Air void system analysis—clustering, percent air
- Alkali-Aggregate Reactions (ASR & ACR)
- D-Cracking of limestone aggregates
- Frozen concrete
- Overwatered concrete
- Soil analysis—Gypsum in the soil
- Low break strength in concrete cylinders/cores
- Mineral identification
- Many other tasks.....







## **ASR in Concrete Structure**



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### **ASR Uranyl Acetate Treatment**

 Treated with uranyl acetate solution and viewed under UV light















Kansas Department of Transportation

# Concrete Testing & Sampling

#### **KDOT Concrete Research**

Basic Laboratory Course May 2023

Jennifer Distlehorst Research Staff Engineer


Kansas

### What does Concrete Research do?

Improve durability of Kansas concrete pavements by

- Evaluating new tests, materials, and construction methods
- Answering questions about concrete and testing
- Surveying pavement condition in test sections and for specific reasons, like D-Cracking
- · Developing new test methods and specifications
  - Air void testing 2004
  - Permeability 2008
- Performs permeability testing for verification



# Our goal: durable

- Concrete must be strong AND durable
- · Freezing water destroys pavements
- Salt rusts reinforcing steel destroying bridge
- Concrete Research develops and implements tests and requirements to protect concrete
- · Photo: freeze-thaw joint damage on K-68 in

### Why prequalify mix designs?

- Durability must be part of the mix from the beginning
- · Air voids protect pavement from freeze/thaw damage
- Lowering permeability protects structures from salt that rusts steel
- Aggregate gradation, additives and cements all affect air quality and permeability
- · Reactive aggregates are kept out
- Once concrete is placed none of this can be changed or fixed

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# Keeping the water out

- PERMEABILITY is the ability of water and salt to travel through concrete
- Low permeability concrete keeps water and salt out.
- Water and salt travel through the concrete paste.
- Paste is everything except the aggregates: cement, water and air voids.
- Photo: polished slab of concrete with dark aggregates and light paste.



Kansas

## Permeability for Mix Design Approval Permeability test results are required for mix design approval for • All projects with over 250 cubic yards of concrete TOTAL, including structures and pavements AND

- All bridge deck overlay concrete
- All moderate permeability structural concrete
- Specifications Section 401.3, General Concrete Mix Design





### Permeability for Structural Concrete

Three permeability classes for structural concrete

- Low Permeability Concrete (LPC) for bridge overlays
- Moderate Permeability Concrete (MPC) for full-depth bridge decks
- Standard Permeability Concrete (SPC) for all other structural concrete not specified as LPC or MPC







### Permeability Requirements

	KT-73 Volume of Permeable Voids	KT-79 Surface Resistivity Measurement	AASHTO T-277 Rapid Chloride Permeability
Age at testing	28 days	28 days	56 days
Limit	Maximum	Minimum	Maximum
LPC	9.5%	27.0 kΩ-cm	1000 Coulombs
MPC	11.0%	13.0 kΩ-cm	2000 Coulombs
SPC and On-grade	12.5%	9.0 kΩ-cm	3000 Coulombs



### **KT-73 Boil Test Introduction**

- The Boil Test measures the volume of permeable voids in concrete.
- Not all voids in concrete are permeable so they don't dry out completely and don't fill completely during boiling.
- Boiling forces air out of permeable voids and water in.
- Permeability is easily water travels through the concrete
- Low percent permeable voids = Low permeability
- Can be used accurately on cores



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### Percent Permeable Void Requirements

Age at testing	28 days
Limit	Maximum
Low Permeability Concrete (LPC)	9.5%
Moderate Permeability Concrete (MPC)	11.0%
Standard Permeability Concrete (SPC) and On-grade	12.5%





### KT-79 Surface Resistivity Introduction

- Electrical current is carried through concrete by water
- Resistance to current is measured by Surface Resistivity in kΩ-cm
- High resistance means LOW permeability
- A minimum resistivity is required
- SRM must be performed on 4"x 8" standard cylinders

### **KT-79 Surface Resistivity Timeline**

- Day 0: Cast three cylinders
- Day 1: Demold and standard cure
- If transporting cylinders to testing lab
  - Wrap in wet towels, then place in plastic bag and seal
  - Deliver cylinders within 48 hours of casting
  - Remove cylinders from bags within 30 minutes of arrival and cure
  - DO NOT ALLOW SAMPLES TO DRY OUT AT ANY TIME
- Day 28: Measure surface resistivity in kΩ-cm, taking four measurements on each cylinder



### Calculating Surface Resistivity

- Average four resistivity measurements for each specimen
- Average three specimens for sample
- · Adjust sample results for curing condition
  - If lime-cured, multiply sample average by 1.1
- Record result to nearest 0.1 k $\Omega$ -cm



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### Surface Resistivity Requirements

Age at testing	28 days
Limit	Minimum
Low Permeability Concrete (LPC)	27.0 kΩ-cm
Moderate Permeability Concrete (MPC)	13.0 kΩ-cm
Standard Permeability Concrete (SPC) and On-grade	9.0 kΩ-cm





### Rapid Chloride Permeability Timeline

- Day 0: Cast three cylinders
- Day 1: Demold and standard cure
- Day 54: Cut specimens to 2", weigh in water and SSD
- Day 55: Vacuum saturate specimens and keep in water until testing
- Day 56: Run RCP Test



### Day 55 Vacuum Saturation



- Place specimens in vacuum chamber
- Apply vacuum for three hours
- Add water to chamber without opening
- Apply vacuum for another hour





### Rapid Chloride Test Results

- Results are measured in Coulombs of current passed through the concrete
- · Adjust results for size of sample with equation

$$Q_s = Q_x * \left(\frac{3.75}{x}\right)^2$$

- X = diameter of specimen in inches
- Q<sub>x</sub> = Coulombs measured in test
- $Q_s^{\uparrow}$  = Coulombs reported, adjusted for a 3.75 in. specimen diameter
- Record result to nearest 10 Coulombs



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### Rapid Chloride Permeability Requirements

Age at testing	56 days
Limit	Maximum
Low Permeability Concrete (LPC)	1000 Coulombs
Moderate Permeability Concrete (MPC)	2000 Coulombs
Standard Permeability Concrete (SPC) and On-grade	3000 Coulombs







### KT-71 Air-Void Analyzer (AVA) Measures Spacing Factor

- Older spacing factor methods required hardened concrete
- Air Void Analyzer: a faster test of fresh concrete
- Sample from pavement behind the paver
- Vibrating drill with cage fills syringe with mortar
- Three samples at one location



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### Where to run an AVA test

- Field samples, lab testing
- The AVA is a sensitive instrument and needs a stable location away from wind and vibration
- District labs, area offices and subarea shops are used
- The AVA is set up before testing begins



### How the AVA test works

AVA measures bubbles released from fresh mortar

- Mortar is mixed with glycerine at the bottom of a column of water
- Bubbles rise to a glass dish at the top
- Big bubbles go faster and are first at the dish
- Speed of bubbles is known so all bubbles arriving at the same time are the same size
- The load cell measures buoyancy of the dish
- Computer calculates bubble distribution from change in weight of dish with time



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### AVA Results and Requirements

- Test two samples and compare spacing factor results
  - Valid results agree within 0.0025 inch
  - If first two tests don't agree, run third test
- Average all results that agree within 0.0025 in
- Report spacing factor to nearest 0.0001 in
- Minimum spacing factor is 0.0100 in
- Required for pavement mix design prequalification and field verification





### Running the SAM test

- Use KT-18 procedures to fill the measurement bowl
- Secure the lid
- Add water through the petcocks
- Pump the pressure up to 14.5 psi, then 30, then 45
- Let pressure off, pump up three steps again
- The SAM records the equilibrium pressure at each step



### SAM test results

- · Different sizes of air voids respond to pressures differently
- SAM number is the difference in equilibrium pressures after the first and second 45 psi pressure steps
- Valid SAM tests give SAM numbers between 0.03 and 0.70 psi
- Larger air voids compress more, giving a higher SAM number
- Higher SAM number indicates higher spacing factor
- Report SAM number to nearest 0.01 psi



