



SOCIAL WORK WILDCAT CONFERENCE

Monday, October 18, 2021

Virtual conference

Thank you to our sponsors for making this conference possible!



Conference schedule and session descriptions

8:15 am Welcome from Kansas State University

8:30 am Improving Healthcare's Response to the Chronic Disease of Addiction

Presented by Shane Hudson, CKF Addiction Treatment

This presentation will provide information about the chronic disease of addiction including insight into brain chemistry of addiction. Data and information will highlight the short comings of the current health care system to identify and properly treat those with addiction. Details of how the health care system and addiction health care services should improve in order to achieve better outcomes for patients managing this chronic illness will be shared.

9:30 am Break

9:40 am Navigating Difficult Conversations in Addictions

Presented by Danielle Blea, Smoky Hill Family Med Residency

This workshop will detail and provide examples of communication based skills for difficult conversations. Skills will be from the framework of Motivational Interviewing and Acceptance and Commitment Therapy. Principles to engage conversations around addictive and harmful behavior patterns will be utilized and group practice will be completed.

10:40 am Break

10:50 am Trauma, Addiction, & Suicide: Ethical Treatment for Injuries that Keep Injuring

Presented by Jeremy P. Elledge, NewView Healing Solutions LLC

The purpose of this workshop is to explore unhealthy avoidant mechanisms that can be replaced for real healing. Healthier coping, better feelings, better lives are possible when people know how. We are not stuck with the injured brains we have! We can understand our own processes better so that we learn how to help ourselves feel better, and healthier. We can learn how, by our own recognition and choice, to influence ongoing healthier development in our brain, based on what WE do. We are losing too many good people.

11:50 am Break for Lunch

Sponsor Showcase: CKF Addiction Treatment



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Conference schedule and session descriptions (continued)

1:00 pm Trauma, Addiction, & Suicide: Ethical Treatment for Injuries that Keep Injuring continued...

Presented by Jeremy P. Elledge, NewView Healing Solutions LLC

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2:30 pm Break

2:40 pm Brain Based Recovery: How the Renewal of Neural Networks Helps Achieve and Sustain Recovery

Presented by Jana Hinz, Architect Counseling Center

Having a basic understanding of brain functioning, neural networks and neuroplasticity is a critical skill-set in addiction treatment today. In this workshop we will explore basic brain functioning, how the brain is affected by stressful life events, and how to achieve and sustain recovery using brain-based tools. Attendees will be introduced to the BrainPlans model of recovery as a tool to teach clients how to intentionally rewire neural networks in the brain, notice internal shifts in the body, and how to return from lower brain-states to the executive functioning center of the brain for optimal decision making ability.

4:15 pm Conclusion/Evaluation reminder

4:30 pm Networking Conversations in Break Out Rooms

5:00 pm Adjourn



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Thank you to our presenters!



Danielle Blea, LCMFT, LCAC Smoky Hill Family Med Residency

Danielle's journey in her field began at Friends University, where she earned her Masters of Science in Family Therapy. After completing school, Danielle began her professional career providing mental health services in the areas of crisis, outpatient, and addiction services to individuals, couples, and families. She is a certified AAMFT Supervisor, Licensed Clinical Addiction Counselor, and Licensed Clinical Marriage and Family Therapist. As the behavioral science faculty, she assists in developing and teaching the Behavioral medicine curriculum at Smoky Hill.



Jeremy P. Elledge, NewView Healing Solutions LLC

Meet NewView Healing Solutions' founder, Jeremy Elledge. He received his MSW from the University of Oklahoma in 2005 and is a licensed clinical social worker, full-time therapist and mental health professional, clinical supervisor, and one of a limited number of Trauma Specialists in Oklahoma trained by the National Child Traumatic Stress Network. His early work was in direct-care for crisis stabilization for youth in acute and residential settings, and later helped head-up one of the first trauma grants in Oklahoma to help improve systems and services to be more trauma-informed and effective. Jeremy enjoys teaching about the work, but his first passion and commitment is to DO the work of helping injured populations heal.



Jana Hinz, Architect Counseling Center

Jana Hinz, MS, LCMFT, LMAC works at the intersection of trauma, addiction, family systems and spirituality. She obtained her BA in Psychology from Wichita State University and Masters of Marriage and Family Therapy from Friends University where she is currently an adjunct professor. She is a Doctoral candidate in Marriage and Family Therapy at Northcentral University with a focus on interprofessional continuing education in the systemic treatment of substance use disorders. Jana offers therapy in a group practice in Wichita and also provides consulting and capacity building for helping and healing professionals across all sectors of human services.



Shane Hudson, CKF Addiction Treatment

Shane Hudson is the President & CEO of CKF Addiction Treatment where he has served in various capacities over the last 11 years. Shane is a dually licensed clinician who also completed a Master's of Health Care Transformation at University of Texas, Austin in 2020. He is a member of numerous local and state committees in order to provide advocacy for Kansans suffering from addiction as well as the field of addiction treatment as a whole. Shane is a recognized leader in promoting screening in medical settings, medication assisted treatment, and the use of technology to improve access to services. In 2021, Shane was appointed by Governor Laura Kelly to serve on the Governor's Behavioral Health Services Planning Council.